



Modern diabetes management, at no cost to you



Livongo helps you stay on top of your health. It comes with an advanced meter, unlimited strips and lancets, and on-demand coaching.

Program benefits

- Advanced blood glucose meter
- Unlimited strips and lancets
- Personalized insights
- One-on-one coaching
- Guidance on healthy habits

Get started

Text **"GO MERITAIN"** to 85240 to learn more and join

You can also join by visiting Join.Livongo.com/MERITAIN/register or call **800-945-4355** and use registration code: **MERITAIN**

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al (800) 945-4355 o visite bienvenido.livongo.com/MERITAIN

The program is offered at no cost to members and covered dependents with diabetes and coverage through the health plan.