



# Teladoc Health™ App Registration



## How to set up your Teladoc Health account

Simply download the Teladoc Health app and follow the four steps you see below.

1

### Confirm your benefits

Provide some information about yourself to confirm your eligibility.

2

### Benefit confirmation

We'll confirm your benefits so you can finish creating your account.

3

### Create an account

Provide your contact information and preferred language.

4

### Complete account

Create a username, password and pick security questions to ensure your account is secure.

If you have questions or run into any problems when setting up your account, call Teladoc Health at 1.800.Teladoc (1.800.835.2362).

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