



Getting started with Teladoc Health™



It's quick and easy to set up your account online. Simply visit the Teladoc Health website, click *Get started* or *Register now*, and then follow the instructions below.

- 1. Confirm benefits.** Provide some information about yourself to confirm your eligibility.

Please be sure the information you enter matches what is on your Meritain Health® medical ID card.

If your employer has given you a code, go ahead and check the box on this page. If not, simply leave it unchecked.

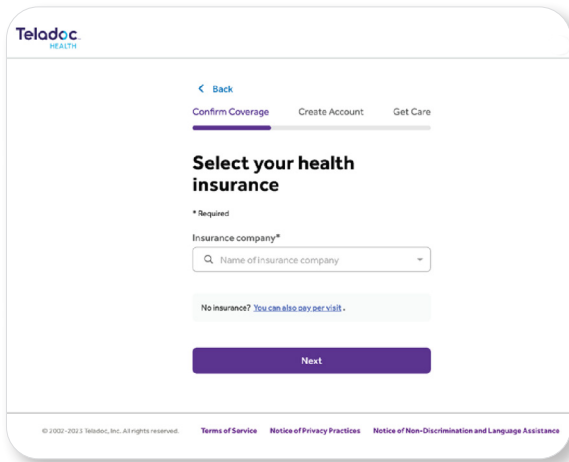
The screenshot shows the 'Tell us about you' registration form on the Teladoc Health website. The form includes fields for First Name, Last Name, Email, Country, ZIP code, Sex assigned at birth, and Month of birth (with Day and Year sub-fields). There is a checkbox for 'I received a Teladoc code from my employer or insurance company'. A 'Next' button is at the bottom. The page also has a 'Back' link and navigation tabs for 'Confirm Coverage', 'Create Account', and 'Get Care'.

Option 1. If the information you entered matches what Teladoc Health has in their system, you will see the following screen and can continue to create your account. Just hit *Next* and move on to step two.

The screenshot shows a confirmation screen titled 'We found a match!'. It states 'These care options are available with your coverage.' Below this, there is a box for 'ABC Company' with a selected radio button and a bullet point for 'General Medical'. At the bottom, there is a link: 'Is this incorrect? [Add new coverage](#) or call us at 1-800-835-2362'. A large purple 'Next' button is at the bottom.

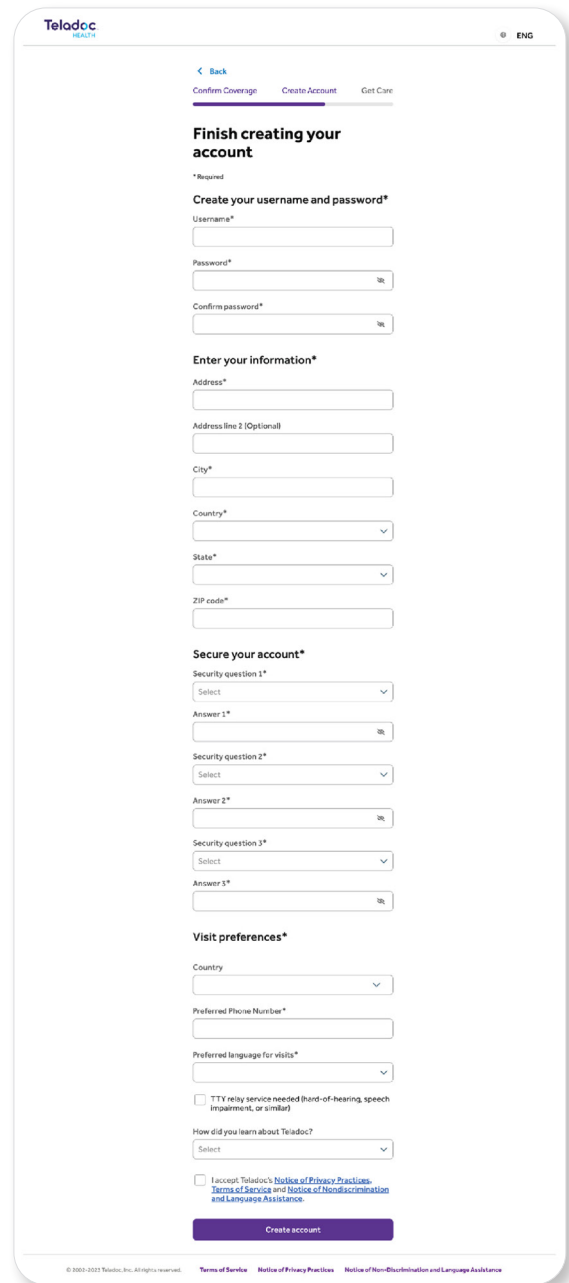
Option 2. If you see the screen on the next page, please make sure to choose *Meritain Health* from the drop-down menu. Then, you can move on to step two.





2. Create account. Enter your contact information, username, password and security questions.

Once your account is created, eligible dependents under 18 years of age can be added in your account settings under the primary member. Dependents older than 18 should follow the steps above to create their own account.



Get started today

Visit [TeladocHealth.com](https://www.teladochealth.com), call **1.800.835.2362** or download the app.

Simple. Transparent. Versatile.
At Meritain Health®, we're creating unrivaled connections.

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